# Alto da Boa Vista: forest without a long hike

**4h-5h including return to the gate / alto-boa-vista / 4 stops**

A dry day with access confirmed; postpone during storms.

One park sector with a waterfall, exhibition and chapel, without a long hike or an ascent of Pico da Tijuca.

1 2 3 4

**09:00**

## 01 Praça Afonso Viseu / entrada Setor Floresta

Praça Afonso Viseu, Alto da Boa Vista, Rio de Janeiro

The square marks the entrance to Tijuca National Park's Forest Sector. It is the access point for the waterfall, visitor centre and chapel circuit. Look closely: Park entrance and Forest Sector orientation.

**Confirm / book**

**09:30**

## 02 Cascatinha Taunay

Estrada da Cascatinha, Setor Floresta, Rio de Janeiro

Cascatinha Taunay is a stop for observing water and forest landscape. This route uses only the marked access. Look closely: Waterfall viewed from the permitted area.

**Confirm / book**

**10:30**

## 03 Centro de Visitantes do Setor Floresta

Estrada da Cascatinha, Setor Floresta, Rio de Janeiro

The Uma Floresta na Metrópole exhibition helps interpret the park within the city. Building opening is separate from access to the sector. Look closely: Uma Floresta na Metrópole exhibition, if open.

**Confirm / book**

**11:30**

## 04 Capela Mayrink - exterior

Estrada da Cascatinha, Setor Floresta, Rio de Janeiro

Mayrink Chapel's exterior adds religious architecture to the forest circuit. The route does not presume interior access or displayed works. Look closely: Chapel façade from the permitted access.

**Confirm / book**

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## Getting around

Car to Praça Afonso Viseu; walk within the marked sector. About 4 km including the return, with pickup arranged ahead. Vehicle entry is subject to quotas.

## Tickets and tips

Carry water, food and an offline map. Confirm the visitor centre; do not depend on phone reception. Sector admission is free; guides and transfers are optional separate services. Follow alerts and stop during storms.

### Open route in Google Maps

Map / segment 1

Map / segment 2

Map / segment 3

Visit and travel times are estimates. Links require an internet connection.

## Sources and bookings

**[1] Praça Afonso Viseu / entrada Setor Floresta**
https://parquenacionaldatijuca.rio/novas-regras-de-visitacao-no-parque-nacional-da-tijuca/

**[2] Cascatinha Taunay**
https://parquenacionaldatijuca.rio/

**[3] Centro de Visitantes do Setor Floresta**
https://parquenacionaldatijuca.rio/locais/centro-de-visitantes/

## Open, save and share

The online edition brings together updates and makes this route easy to share.

https://rioemcamadas.com/guia/floresta-alto-boa-vista?lang=en

Guide generated: 2026-11-11 / An independent editorial itinerary. Confirm opening, bookings and access before leaving.